



**JANUARY 2023 MOAA
NEWSLETTER/FERNANDINA BEACH**

CALENDAR EVENTS

1 Jan: New Year's and MOAA

Dues \$25.00 go to

www.ncflmoaa.org

10 Jan: MOAA Mtg

16 Jan: Martin Luther King
Day

27 Jan: International
Holocaust Remembrance Day

08 Feb: Boy Scouts of
America established.

14 Feb: Valentine's Day

20 Feb: President's Day

**NEXT GENERAL MEETING WILL BE ON 10 JANUARY 2023
AT 1130AM FERNANDINA BEACH GOLF CLUB (FBGC).**

The MOAA Nassau Florida Chapter will be having its monthly meeting on 10 January 2023 @ 1130. Our speaker will be our new incoming president Captain Mike Doran, USN (Ret). He will be outlining "State of the Chapter for 2023." In addition, we will be discussing our financial situation, membership, NROTC, legislative issues, website, newsletter, and a host of other topics that will surely need inputs from all our members. Come on out and be part of this excellent organization.



As always, spouses are invited and encouraged to attend, since they are a key component of the group and can contribute with valuable input.

As a reminder, in accordance with our arrangement with the golf club, if you reserve a lunch, you have obligated the chapter for your

luncheon expense and will be requested to reimburse the chapter. However, if you can provide at least 24-hour notice prior to the event of your change in plans, we can then modify the number of meals requested from the club and remove this obligation. Your cooperation in this matter is appreciated, as we have reached this agreement with the club in an attempt to keep the individual cost to a minimum. Lunch will be \$12.00, the food is so good we had to raise the price a little, to be paid at the door. To make, change or cancel your reservation, please contact Paul Booton (pbooton@comcast.net).

***"The Coast Guard has long been known as the armed service
that gets more done for less.***

- Howard Coble-

During our annual December Christmas party, we had over **35** people attend. The food and company were exceptional as well as the music and Charlie's jokes. It was very nice to see some old and new faces in the crowd. Things are happening and you don't want to miss our future lectures and other events by the Nassau County MOAA Chapter.



This is Kenzie and Kristy on the left, both of which made this Xmas party flawless. Kristy has taken care of MOAA since we moved to FBGC. If you see her, please tell her she is wonderful and we appreciate all she does for us.



We have 88 active members that support our JROTC scholarships with their \$25.00 annual dues. They are due every January. Please pay Bob at the door or go to www.ncflmoaa.org

We have a limited amount of these MOAA collectible mugs available for purchases. GET YOURS NOW!!! They make great gifts. Once we are sold out, that is it!!!! Until we order some more.



FERNANDINA BEACH HAPPENINGS FOR JANUARY 2023



Martin Luther King Parade, January 16, 2023, 12:00 PM - 1:00 PM. The parade begins at the Peck Center and travels to Ash Street (approved FBPD parade route) This annual parade honors the life and legacy of Dr. Martin Luther King, Jr. This is a family friendly community event. All are welcome to attend or participate. For more information go to <http://www.fbfl.us/>

Council on Aging, COA (bingo, line dancing, ask a lawyer, cooking, pet therapy, etc.) They have **four** different calendars of events that cover just about every aspect of life. Go to <https://bit.ly/2TPpFNp> for more information on activities and social engagements. If you need transportation to any event on the island or Council of Aging, just contact Nassau transit at <https://bit.ly/3wpU2zf> and they will come and get you.



BOOK SIGNING WITH TRAVEL EXPERT AND AUTHOR AMY WEST



Meet Amy West at The Book Loft! Amy will be signing her latest release Jacksonville Scavenger on January 14th at 1PM! Travel expert and Author Amy West is the creator of AmyWestTravel.com, an upscale travel and lifestyle brand covering

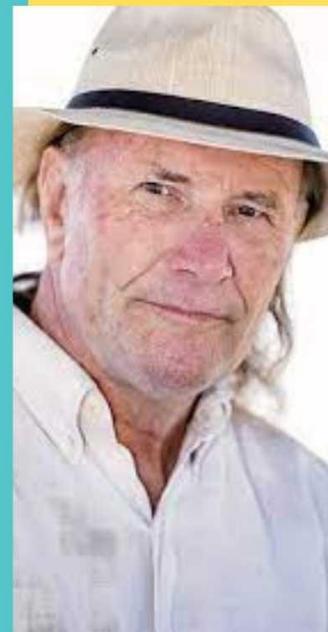
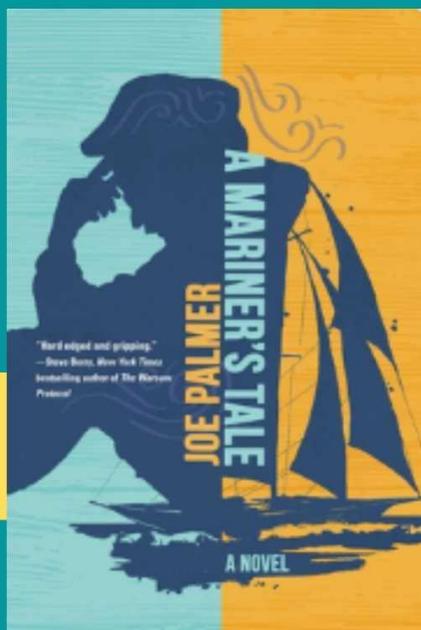
food, fashion, and luxury travel established in 2012. Her expert contributions have been sought after and featured in national and local Television outlets such as Fox Business, Home Shopping Network, Cheddar News, USA Today's 10Best.com, and Wander Media visitor information network. Amy's opinions on style, taste, and the lifestyle of travel have been singled out by many brands including The Huffington Post, Expedia.co.uk, TripAdvisor, and Trivago.





**AUTHOR DISCUSSION
WITH
JOE PALMER
JANUARY 12TH
FERNANDINA BEACH LIBRARY
6 pm**

Joe Palmer, local author, will lead an animated discussion on his writing process, his latest book, and will share some exciting news!!



Sponsored by the
Friends of the
Fernandina Beach
Library

www.nassaureads.com

MOAA Newsletter January 2023 (highlights)

(Free with your MOAA membership - sent to your e mail)

1. New MOAA member benefit: Save with PODS.
2. Congressional report aims to cut deficit, but would cost retirees thousands.
3. About 2,000 independent pharmacies will rejoin the TRICARE network.
4. Basic Allowance for subsistence gets biggest boost in more than two decades.
5. MOAA's transition guide 2023: overcoming culture shock.
6. COLA watch: get the latest update.
7. Why you should factor the new SBP-DIC rule into your financial plans.
8. VA begins processing PACT ACT claims for terminally ill veterans.

Veterans Affairs website (highlights)

(Go to [VA.gov Home | Veterans Affairs](#) to sign up for monthly newsletter)

1. Army, Navy, Air Force, Coast Guard or Marines: Who will be crowned champs.
2. The PACT ACT and your VA benefits.
3. Looking for Drug-free pain relief?
4. VA information and Technology seeking to hire veterans IT professionals.
5. Housing assistance
6. Pension and Life Insurance

TRICARE Health Matters Newsletter (highlights)

(Go for more information go to <https://bit.ly/3FCSFjM>)

1. Preview 2023 TRICARE Health Plan Costs.
2. What you should know about RSV: symptoms, prevention, care.
3. TRICARE Open season is here: Find the right TRICARE plan for you.
4. Get protected with new COVID-19 booster and flu vaccine.
5. Control your diabetes by controlling your blood sugar.
6. Electronic options to simplify your health care.

If you know someone who wants to **join the MOAA** and meets the below eligibility requirements, please have them fill out the attached application and send it to Paul Booton at pbooton@comcast.net.

Eligibility: Regular Members are all individuals who are or have been a commissioned or warrant officer of the Army, Navy, Air Force, Marine Corps, U.S. Coast Guard, NOAA and the US Public Health Service (USPHS), or the Reserve or National Guard of these uniformed services. A current or surviving spouse of a regular member may join as an Auxiliary Member.



NASSAU COUNTY FLORIDA CHAPTER

MEMBERSHIP APPLICATION

Eligibility: Regular Members are all individuals who are or have been a commissioned or warrant officer of the Army, Navy, Air Force, Marine Corps, U.S. Coast Guard, NOAA and the US Public Health Service (USPHS), or the Reserve or National Guard of these uniformed services. A current or surviving spouse of a regular member may join as an Auxiliary Member.

NAME: _____

Please PRINT (Last Name) (First Name) (MI) (Suffix)

MIL. RANK: _____ GENDER: { } M { } F BIRTHDATE: _____

(Spouse/widow(er) leave blank) (mm/dd/yyyy)

SERVICE: { } USA { } USN { } USAF { } USMC { } USCG { } USPHS { } NOAA

STATUS: { } Retired { } Active { } NG/Reserves { } Former Officer { } Spouse { } Widow(er)

Mail ADDRESS: _____ APT: _____

CITY: _____, FL ZIP: _____ - _____

HOME PHONE: (_____) _____ CELL PHONE: (_____) _____

EMAIL: _____ SPOUSE NAME: _____

National MOAA Member: { } YES { } NO National MOAA#: _____

WELCOME!

PLEASE CHECK CHAPTER ACTIVITIES IN WHICH YOU DESIRE TO ASSIST:

{ } Program/Event Planning (PP) { } Membership (MO) { } Legislative Affairs (LA)

{ } Phoning Members (PM) { } Personal Affairs (PA) { } Newsletter (NP)

{ } Public Relations (PR) { } ROTC/JROTC { } Advertising (AD)

{ } WEB Site (WM) { } Data Processing (DP)

Thanks for your Chapter membership commitment

Chapter Dues \$25.00 Annually Payable to "Nassau MOAA"

PLEASE SEND APPLICATION AND DUES PAYMENT TO:

Paul Booton, Database Administrator
Nassau County Florida Chapter of MOAA
474 Starboard Landing
Fernandina Beach, FL 32034-2780